



NURSING STUDENTS FOR CHOICE

Summer 2013 Newsletter

Announcing NSFC's First Annual Activist Summit

We are excited to announce our first ever Nursing Students for Choice Activist Summit to be held in **Minneapolis, MN, Friday, October 18th thru Sunday, October 20th, 2013.**

The conference will provide a space for nursing students to learn more about reproductive justice issues, obtain clinical skills, and acquire tools for advocacy work. Clinicians will offer hands-on training in IUD insertion and manual vacuum uterine aspiration. Panels of reproductive health activists will speak about current issues and the

nursing perspective in abortion care, as well as organizing for curriculum change. The Summit will provide educational resources and interactive exercises, so participants leave with skills they can utilize in the clinical setting, along with a national network of support.

Register at: bit.ly/2013nsfcsummit. NSFC will provide scholarships and travel stipends on a sliding scale based upon need.

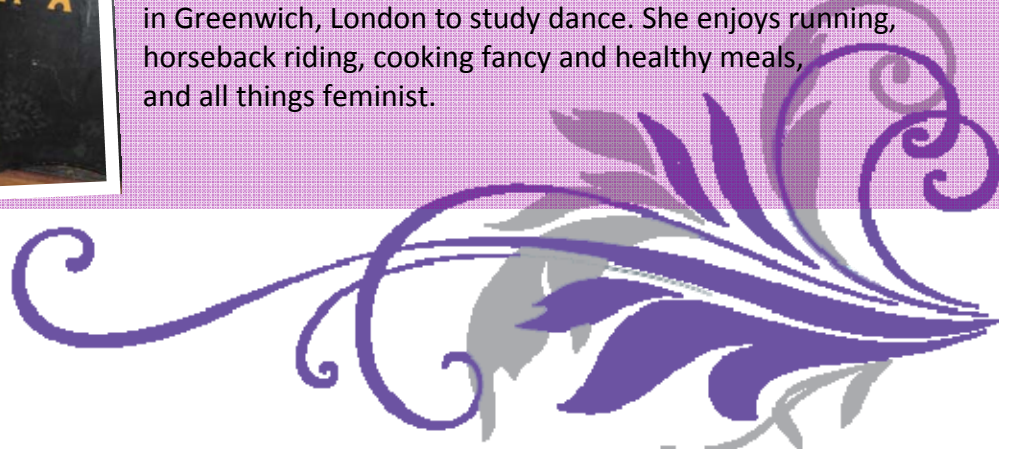
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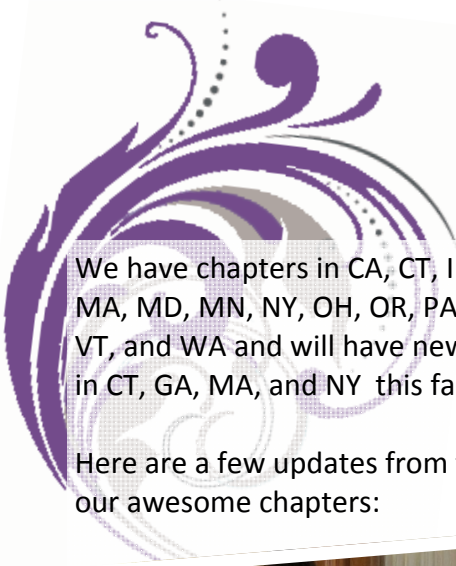


Photo: Katie Rank, NSFC's First Summer Intern.

Thank You to Our First Intern

This summer, we had our first-ever intern: Katie Rank. Katie is an incoming junior at Macalester College, where she studies English and dance. In the fall she will attend Trinity Laban Conservatoire in Greenwich, London to study dance. She enjoys running, horseback riding, cooking fancy and healthy meals, and all things feminist.





NSFC Chapter Updates

We have chapters in CA, CT, IL, KY, MA, MD, MN, NY, OH, OR, PA, VA, VT, and WA and will have new ones in CT, GA, MA, and NY this fall!

Here are a few updates from four of our awesome chapters:



University in Chicago (UIC):

In addition to supporting and attending other local events, UIC Nurses for Reproductive Health and Justice organized:

- Medical Abortion Training for Advanced Practice Clinicians in partnership with the Midwest Access Process
- Pregnancy Options Counseling Workshop in partnership with Chicago Doula Circle
- Transgender Health Assessment 101 as part of UIC LGBTQ Health Awareness Week
- A Values Clarification Program for undergraduate nursing students
- A Film Screening and Discussion: *The Last Abortion Clinic* with guest speaker Lorie Chaiten, from the ACLU Reproductive Freedom Project
- A Film Screening and Discussion: *Jane*
- Advocating for Survivors of Sexual Assault and Rape in Health-

care Settings in partnership with Rape Victim Advocates

- Sex Education at UIC Safer Sex Fest; and
- Served as lead organizer for LGBTQ Health Awareness week and received a \$3200 grant to run programming.

University of Pennsylvania (UPENN):

- Hosted a pro-choice author on their campus: Sarah Erdreich author of *Generation Roe: Inside the Future of the Pro-Choice Movement* (Seven Stories Press; March 26th, 2013).

University of California, San Francisco (UCSF):

- Carried on the tradition of running an interdisciplinary reproductive choice and family planning elective with 11 guest speakers, including a papaya workshop, with about 60 students from both the School of Nursing and the School of Medicine
- Hosted a campus wide event in honor of the anniversary of *Roe v. Wade* displaying the "4000 Years for Choice" art in two locations on campus
- Sent four UCSF Chapter members to the annual National Abortion Federation Annual Meeting; and
- Actively advocated and lobbied for California Assembly Bill 154, which will lift the physician only barrier to first trimester procedures to include CNM, NP, and PA's. Representatives from the chapter attended the Registered Nursing Lobby Day sponsored by the California American Nurses Association and spoke with local representatives, asking for their support

with the bill. As the legislative process has continued, the UCSF chapter has had a consistent voice, participating in the CA Women's Health Alliance activities.

- Currently organizing another inter-professional Family Planning and Reproductive Choice elective, which will hopefully include a session on AB 154 and the implications for APCs.

Yale School of Nursing (YSN):

- Hosted a student-run contraceptive counseling workshop: "MSFC/NSFC presents: A Birth Control Update: Addressing Myths & Controversies: IUD and PID; Depo and bone health; Combined Hormonal Contraception and thrombosis"
- Hosted a panel with MSFC and Women in Medicine: "Reproductive Rights - Medicine, Policy, and Law with Priscilla Smith & Kara Lowenthal (Yale Law School) and Aileen Garipey & Nancy Stanwood (Yale School of Medicine)"
- Organized a group of 10 YSN students to attend MSFC Annual Meeting
- Held a movie night with MSFC: *The Abortion Diaries* and PP's "Not In Her Shoes" campaign followed by discussion with Dr. Nancy Stanwood
- Sent 15 YSN students to the National Abortion Federation Annual Meeting; and
- Hosted an "Ob/Gyn Bootcamp" that included a papaya workshop with MSFC and the med school's Ob/Gyn Interest Group.

Photo: Karmann Peters, NSFC Program Director, at ACN Conference 2013.

This Year we Sponsored More Students to Attend Conferences Than Ever Before!

This year, NSFC supported more nursing students in attending conferences than we ever have before! Students received ultrasound training; attended the Civil Liberties and Public Policy (CLPP) Conference at Hampshire College, the American College of Nurse Midwives, and the National Abortion Federation (NAF) Annual Meeting; and many are preparing to attend NSFC's first-ever Activist Summit. These students thoroughly benefited from attending these key conferences. This is some of the feedback we received:

"...Perhaps the greatest inspiration (or re-inspiration as the case may be) is to become a CNM and train/practice as an abortion provider – regardless of the cost. I have questioned from time to time whether being a CNM is still too much in the realm of the medical model of care, but I was fortunate enough to feel grounded and inspired by some of the people that I met. My conclusion from these inspirations: my practice is solely my own, and it is what I make of it." —Meghan C. on the CLPP Conference

"The Clinicians for Choice day was particularly powerful in that for the first time, I was being referred to as a future provider. I was within a community of individuals specifically geared towards advancing the abilities of mid-level clinicians to performing necessary reproductive healthcare procedures, and effectively working to remove restrictive scope of practice barriers which impact women negatively....It was powerful to meet and thank the researchers, nurses, and policy mavens who were responsible for the pilot project that pushed me to begin my nursing career...it felt very emotional to me in many ways – they are a deep inspiration to me and at the core of their work is the respect and love of women and a fundamental valuing of their specific, unique and incredible lives."
—Marit on NAF



Above left: Sen. Nina Turner (D-OH) visits the NSFC Booth at the CAN Conference 2013; Above right: Karmann Peters, Meghan Coquillon, Sarah Branam, Shoshana Farber at CLPP; Left: NSFC members at the NAF Annual Meeting in New York City.

Introducing Our New Board Members

We are proud to announce the newest members of our Board of Directors:

Melissa Fowler is the Senior Director, Communications & Membership at the National Abortion Federation (NAF) in Washington, DC.

Julia Reticker-Flynn is the Associate Director of Youth Organizing & Mobilization at Advocates for Youth in Washington, DC.

Alison Hathaway, MSN, NP-C, WHNP-BC, graduated from Yale School of Nursing in 2012 with a dual specialty in Women's Health and Adult Primary Care. She is currently working as a nurse practitioner for Planned Parenthood in Northern California.

Lola Pellegrino, MSN, NP-C, WHNP-BC, is a Women's and Adult nurse practitioner who works directly with youth at a progressive family planning clinic located in a multidisciplinary center in Manhattan.

Danielle Sinkford is embarking on her nursing education at the University of California San Francisco in the Masters Entry Program for Nursing (MEPN). She expects to graduate in 2015 with her MS-FNP.



Support NSFC

NSFC is a collaborative, nationwide organization that works to promote women's health and reproductive rights. When you give to NSFC, you're promoting women's health and reproductive rights through advocacy, activism, provider education, and training.

Thank you for your support!

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NSFC would like to thank the following generous funders:

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